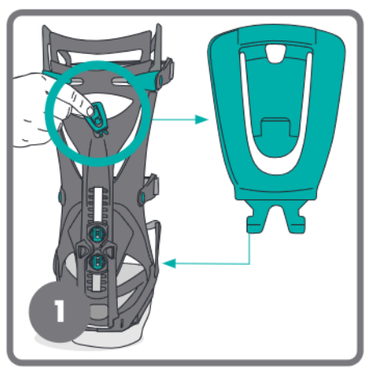
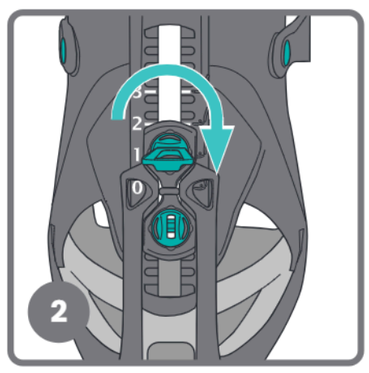
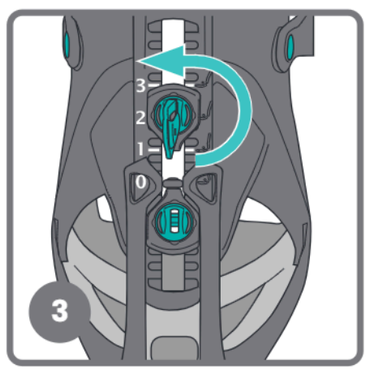
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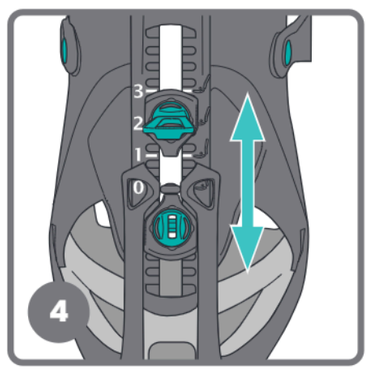
Change Angle Adjustment



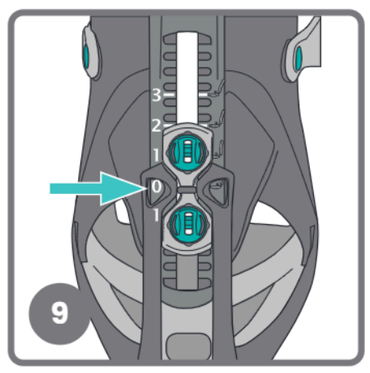


Remove key from the holder and insert it into the ROM adapter. (Fig. 6) Turn key right/ horizontally to open the adapter. (Fig. 7) Raise adapter and shift into the desired position. (Fig. 8) Turn key left/ vertically to fix the ROM adapter in place. (Fig. 9) Repeat the process with the other ROM adapter, until the desired angle adjustment or range of movement is reached.



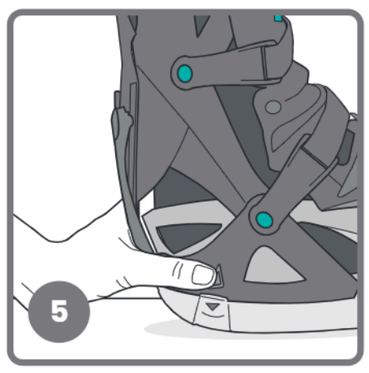


Fix in Equinus/ Open Range of Motion



Note:
Setting in 5° increments from -15° to +30° possible. Angle adjustment scale: "1" corresponds to 10°.

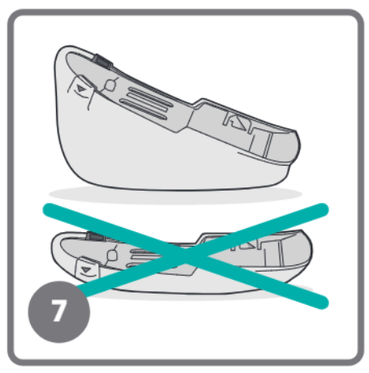
Change Sole/ Adjust Sole Length



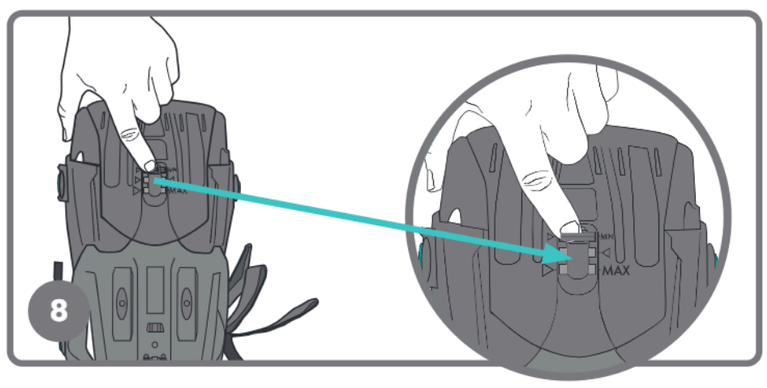




Push both unlocking buttons simultaneously and remove sole. (Fig. 5+6)



Note:
Treating Achilles tendon injuries in the equinus position: With an angle setting between +15° and +30°, please use the wedge sole. (Fig. 7)



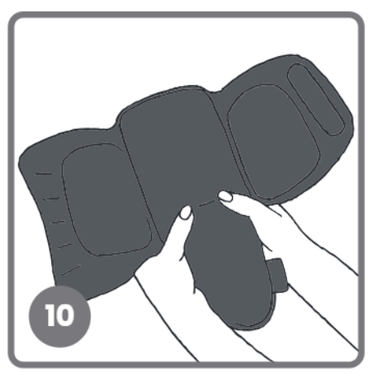
Push the unlocking button. (Fig. 8)

Pull toe section to the desired length.

Insert sole again.

How to Use

Before applying the orthosis, put on the sock. Open the sock wide at the top and slip it on.



Open the inlay. Loosen and smooth the ankle and sole area to ensure the even distribution of the filling. (Fig. 10)



Insert the foot all the way into the inlay and close the Velcro straps. The Velcro straps hold the entire outer surface of the inlay. (Fig. 11)





Insert foot with inlay into shell and position at the very back. Pull the inlay up briefly. (Fig. 12+13)



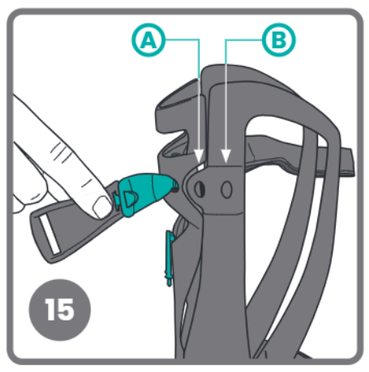
Apply the front cover

Ensure correct positioning:
In the area of strap number 3: inside the shell.
In the area of strap number 4: outside the shell.

Fasten the straps hand-tight and pain-dependent in the sequence 1-2-3-4.

The filling of the inlay requires a short time, to adapt optimally to the anatomy.
Tighten the straps if necessary. (Fig. 14)

Adjust Calf Circumference



Push the buckle out of the lower shell and into the desired position.

A. Large calf circumference
B. Small calf circumference

Repeat on the other side.

Guideline Value for Shoe Sizes

Size	Small	Medium	Large
EUR	**35 – 40**	**40 – 45**	**45 – 50**
UK	**2 ½ – 6 ½**	**6 ½ – 10 ½**	**10 ½ – 14**
US (M)	**3 ½ – 7 ½**	**7 ½ – 11 ½**	**11 ½ – 15**
US (W)	**4 ½ – 8 ½**	**8 ½ – 12 ½**	**12 ½ – 16**

Recommendation: At the size interfaces between the Small/Medium and Medium/Large versions, supply the smaller VACOped size if possible.

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